

# MeSsy Friends Support Group

*Too inspired to be tired.*

We are a diverse group of individuals with MS who enjoy sharing our experiences and learning from one another. We also enjoy making each other laugh at our upbeat and fun meetings.

Friends and family members are always welcome.

Frederick County, Maryland, MS Support Group  
"MeSsy Friends"  
Too Inspired to be Tired!

Meeting Location:  
Roy Rogers  
301 Ballenger Center Drive  
Frederick, MD 21703  
Roy's Phone Number: (301) 682-9044

Meets 1st Monday each Month  
From 6:30 PM to 8:30 PM

Dee Walter @ [deann.walter@comcast.net](mailto:deann.walter@comcast.net) or (301) 363-5035  
Robin Brown @ [gr8u2fan@yahoo.com](mailto:gr8u2fan@yahoo.com) or (301) 471-2226